

# ECCLESIASTES

## This Fleeting Unfulfilling Life

Pastor Jeff Bucknam | Ecclesiastes 1:1–11

**1. Are you ever depressed? What causes it? Why is it hard to get out of it? What do you do for help when you feel depressed?**

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**2. When people talk about the insignificance of life and the pointlessness of so many activities we invest our energy in how do you feel? Why?**

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**3. How can we still work hard at the things set before us in this world while not letting them give us hope that they can't fulfill?**

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**4. Why are Christians hesitant to talk about the realities of living in the fallen world? Why do we feel the need to "put on a happy face"? Is this a uniquely Christian problem or a society-wide one? How can we become a community where we are more honest about living in the fallen world?**

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**5. Read Philippians 4:10-13. What is the secret Paul refers to in verse 12? How do you learn the secret? How do you live differently because you know it?**

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