

Care Connector Training
Sessions 1 – 2 – 3

Care Connector Training

Session 1

Ministry Goal

***Watch: Session 1 – Ministry Goal Theology of Care 10:56**

Ministry Foundation

“Ministry take place when Divine resources meet human needs through loving channels to the glory of God” – Warren Wiersbe

The need is great and growing.

Biblical/Theological Foundation

Our God Cares

- _____ (Genesis 1-2; Psalm 139)
- Provider of _____ (Genesis 3:15)
- Jesus as Savior & Lord (Romans 5:8; John 14:6; John 3:16; John 14:21; Luke 6:46)
- The Church as _____ and the representatives of His _____ (Ephesians 5)

_____ for Christ (2 Corinthians 5:20)

- _____ representative / _____ appeal / _____ heart / _____ offer

Under _____ (1 Peter 5:1-11)

Body of _____ (1 Peter 4; 1 Corinthians 12; Romans 12)

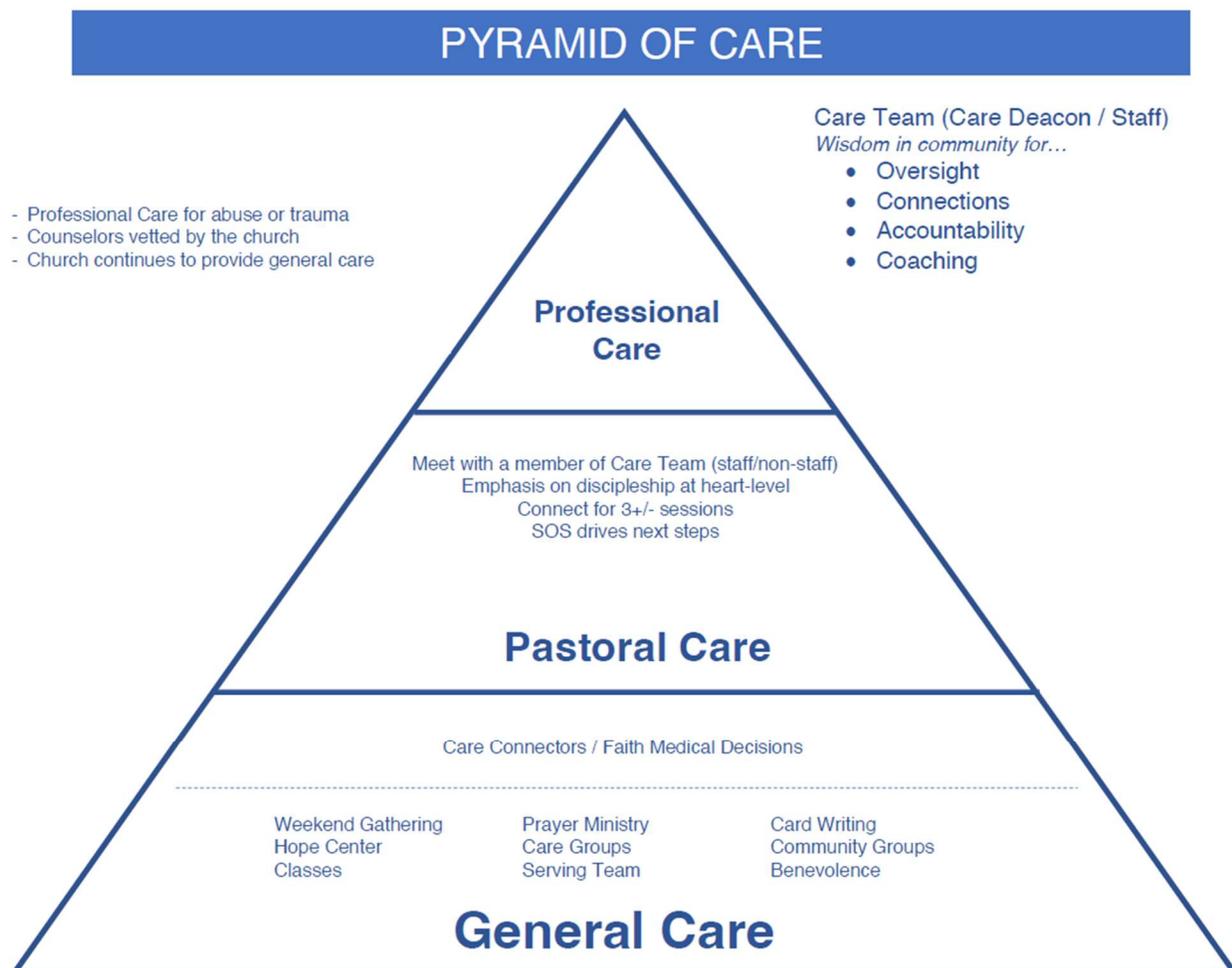
- _____ gifts
- Inter-_____
- Every part _____
- _____ by the Holy Spirit
- Serving at the _____ and _____ of Jesus who is our head

Brothers & Sisters in Christ

- _____ one another's burdens (Galatians 6:2)
- _____ each other up and lifting our eyes to where our help comes from (Ecclesiastes 4:10; Psalm 121)
- _____ out of the heart (Proverbs 20:5)
- Speaking the _____ in love (Ephesians 4:15)
- Royal _____ (1 Peter 2:9)
- Inviting God's grace as we lead in and towards _____ (James 4:6)

Pyramid of Care

***Watch: Session 1 Ministry Plan – Pyramid of Care 14:24**



Individual Goal

***Watch: Session 1 Individual Goal The 4C's of a Care Connector 14:51**

Care Connectors...

- *Connect Personally: _____ God's Faithfulness*
 1. Relate as a fellow _____ in need of grace.
 2. Listen to _____ vs. listen to _____.
 3. Ask _____ targeted questions.
 4. Summarize and _____ with what they are sharing.

- *Connect to God: _____ with the Gospel*
 1. Always open and close with _____.
 2. Share your _____ as you feel led.
 3. Always circle back to the _____.

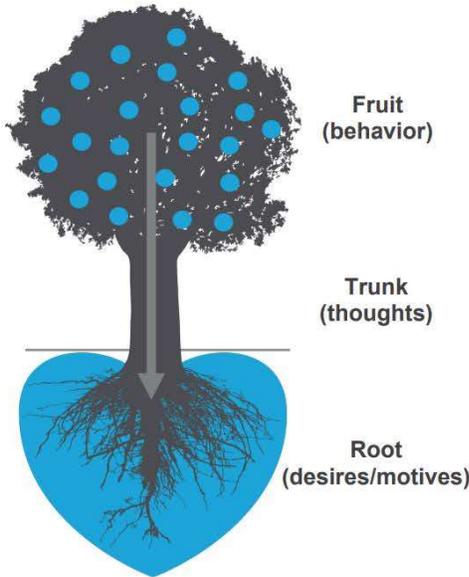
- *Connect to Truth: _____ with Hope*
 1. Employ _____ and _____.
 2. Point them to _____.
 3. Assign hope – filled _____.
 4. If they don't know Jesus, share the _____.

- *Connect to Next Steps: _____ Toward Hope* ***Watch: Session 1 SOS 4:51**
 1. Using the S.O.S to determine next steps:
 - a) _____
 - b) _____
 - c) _____
 - d) _____

FRUIT-TO-ROOT WORKSHEET

To find your Primary Heart Attitude (PHA), circle the words under FRUIT, TRUNK, and ROOT that most accurately describe how you **most often** behave, think, or what you desire.

FROM FRUIT TO ROOT



Describe the situation...and your response to it.

<p>ANGER</p> Interrupting/defensive Impatient /irritable/intimidating Critical of others Sarcastic/harsh (peace breaker)	<p>FOOLISHNESS</p> Deceiving/lying Joking/distracting Insensitive/immature Attention seeking/over emotional
<p>DESPAIR</p> Hiding/escaping Complaining/grumbling Lonely/dependent Self-conscious/shy	<p>FEAR</p> Controlling/avoiding Second guessing People pleasing Enabling/appeasing (peace faker)

What were you thinking or feeling?

<p>ANGER</p> Bitter/vengeful thoughts Condemning/judgmental thoughts I'm right/I can't be wrong I'm entitled	<p>FOOLISHNESS</p> Selfish/blame-shifting thoughts Obsessive thoughts/fantasy I'm a trouble maker I can't help it
<p>DESPAIR</p> Defeating/doubting thoughts Self-pity/jealousy I'm a loser/w hy go on? I'm unworthy	<p>FEAR</p> Perfectionistic/self-protective thoughts Victim mentality/thoughts of shame I'm damaged goods/never good enough I'm unlovable

What did you want?

<p>ANGER</p> Control Authority Power	<p>FOOLISHNESS</p> Pleasure Attention Greed
<p>DESPAIR</p> Comfort Affirmation Escape	<p>FEAR</p> Security Acceptance Peace

If I had to choose, I would say that the three most common desires of my heart (my motives) would be:

1. _____
2. _____
3. _____

I think my Primary Heart Attitude (PHA) is: _____

Based on your PHA, take time to read through the Scriptures below and ask God to give you the wisdom, courage, and patience to work out your faith by surrendering your desires to Him.

ANGER
 Ephesians 4:26-32
 Colossians 3:8-14
 James 1:19-27

FOOLISHNESS
 1 Corinthians 6:9-11
 Galatians 5:16-23
 Romans 13:13-14

DESPAIR
 2 Corinthians 4:7-18
 2 Corinthians 1:3-11
 Hebrews 6:13-20

FEAR
 Matthew 6:25-34
 2 Timothy 1:7
 Philippians 4:4-7

Discerning a salvation story:

1. Ask the Holy Spirit to provide you with _____, _____, and the _____ to share the gospel.

2. Ask them to summarize their story:
 - a) _____
 - b) _____
 - c) _____

3. Listen for their _____ of who they are apart from Christ and why they need His _____.

Listen For:

- a) _____
- b) _____
- c) _____

Care Connector Training Session 2

The Value of Homework in Care *Watch: Care Connector Training | Session 2 Time Frame in Video 27:58 – 44:15

Why?

1. Real change and transformation happens in between meetings by assigning _____, _____ homework.
2. Real work happens by diving into scripture-saturated material that points them _____; connecting them to the _____.
3. Homework engagement communicates willingness to _____ the Lord and _____ their part of the situation.
4. Participation in the homework may be _____ of their level of _____ in the S.O.S.

How?

1. Make the diagrams into _____.
2. Homework should be S.M.A.R.T: _____, _____, _____, _____, and _____.
3. _____ the Care Connectors Resource page for downloads of the diagrams, helpful handouts, articles, and recommended reads.
<http://www.harvestbible.org/resources>
4. Give homework _____ of the meeting or within _____ of the meeting.
5. Apply the homework in _____ and _____ it for yourself!

Best Practices

1. Start each meeting by _____ homework.
2. Ask _____ questions:
 - a) Don't only ask close-ended questions (i.e. Did you do the homework this week? How did it go? What did you get out of it?)
 - b) How did the Lord meet with you through your homework this week?
 - c) What did the Holy Spirit show you about your heart through your time in the Word and the application?
3. If they didn't do the homework, find out what _____ got in the way and then take the _____ in the meeting to go through it _____.

Diagrams

***Watch Video - Session 2 Intro to Diagrams 3:26**

Copies of diagrams can be found in Appendix A.

Session 2 Fruit to Root 3:20

Introduction

Diagrams are an excellent way to help communicate truths to those in need because they give them a simple picture to remember something that may be abstract. You should be able to draw these simple diagrams on a sheet of paper or even a napkin at lunch. Try to remember the key Scripture and lesson for each diagram so that they are more than just an illustration. Once others catch the profound biblical lesson and the word picture, it is likely this theological and life lesson will be retained for good. Diagrams can help you assess where to go with homework. Simply assigning the Scripture related to the diagram is a good start. There are other important principles to assigning relevant and life changing homework that will be shared in this session.

Best Practice when using Diagrams

1. Pick the diagram that is on target with their _____ and _____
_____.
2. Explain the _____ concepts as you _____ it out.
3. Don't use ____ many Scripture references to make your _____ (1-3 is a good range).
4. Bring _____ application to something in their _____ circumstances.
5. Always ask _____ to explain how this changes the way they _____ or will
_____ today.

Most Helpful Diagrams for the Most Common Struggles

- **The Way Down** (James 4): A great tool to expose _____ and _____.
- **The Way Through** (1 Corinthians 10:13): Brings hope underscoring God's _____ in temptation and trials while exposing poor self-counsel and Satan's lies.
- **Where is Your Focus** (2 Corinthians 5:9): Helps people get their eyes _____ during conflict.
- **Circles of Responsibility** (Luke 12:22-34): Exposes problems with _____ and
_____.
- **Y-Diagram** (Luke 6:43-45): Helps assess _____ and _____ for biblical living.

Session 2

Homework

Tour Resource Page

<http://www.harvestbible.org/resources>

The 4C's...

- Which of the 4C's would you like to grow in?
- What would be one way you can strengthen that particular C over the next season?

Begin to review "Articles & Handouts" on Resource Page

- Choose one to do for yourself.

Go to Resource Page and begin to review "Diagrams & Tools"

- Practice sharing on or more of the diagrams

W.A.L.K. to Next Steps

Watch for opportunities to bring the 4C's

- What are the **nonverbals** telling you... "I notices you looked sad, angry, distracted.."
- What does their **tone** say...blaming, downcast, self-pity, anxious, hopeful?

Ask heart revealing questions and get specific with prayer concerns.

- Are they clear on the gospel...do they have a salvation story?
- What is their present situation...what is troubling them most?
- What is the severity of the concerns and what is the urgency to care for them now?
- Always ask if you can pray with them before they leave!

Listen for clues in their requests.

- Are the symptoms (fruit) pointing to a heart issue of fear, despair, anger or foolishness?
- Listen for themes as you draw out the heart with open-ended questions.
- Do they see their part in the difficulty, or response to the suffering?
- Are they open or defensive?
- Where is their hope?

Know what is at risk.

- What is the best way we can care for them based on your initial assessment.
- What resources or support do they have to deal with the issues?
- Prepare to hand them off to the right level of care.

Know what the church offers to the hurting or confused and make a clean handoff.

- Are they a candidate for a Growth Group? Care Group
- Are they new believers?
- Ask them to contact you or come back to update you on progress or answered prayer.

Care Connector Training

Session 3

Keep the Main Thing the Main Thing

***Watch: Session 3 | Marks of a Disciple**

Marks of a Disciple

- Uniquely _____
- Deeply _____
- Carefully _____
- Persistently _____

Takes _____ feet to have a vibrant _____ with Jesus.

Personal: Live in the Gospel

_____ Ephesians 1 – 3

_____ Ephesians 4 – 6

Community: _____

***Watch:**

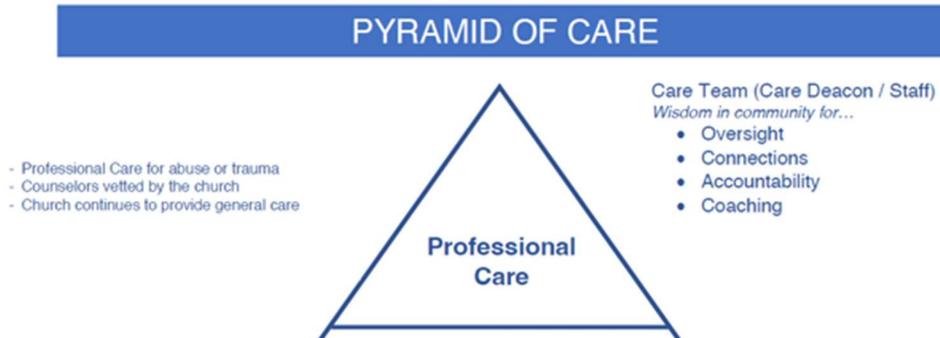
Biblical Reframing of Predominant Heart Attitude 5:56



***Watch:**

Session 3 Care Connector Dialogue Example 9:04

Crisis Care 3:15



Session 3 Homework

Practice what you've learned with others

Review the Resources

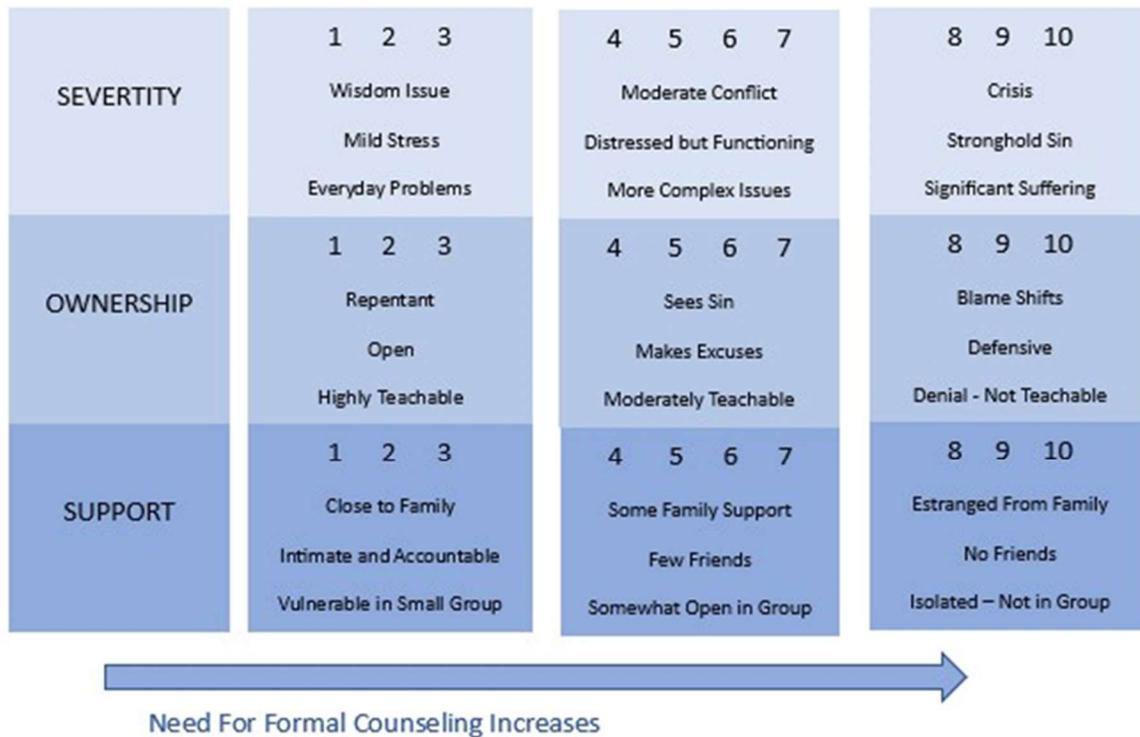
- **Diagrams**
- **Handouts**
- **Articles**

Review and develop in the 4C's

Connect with your Campus Care Deacon for next step

Appendix A: Diagrams

SOS TOOL



Scoring the S.O.S. Conversationally:

Severity:

1. How long has this been going on?
2. How are you thinking/feeling about the situation?
3. Is it better or worse than X months/weeks ago?

Ownership:

1. How have you contributed to this situation?
2. Where have you sought counsel on this?
3. What have you done about it?

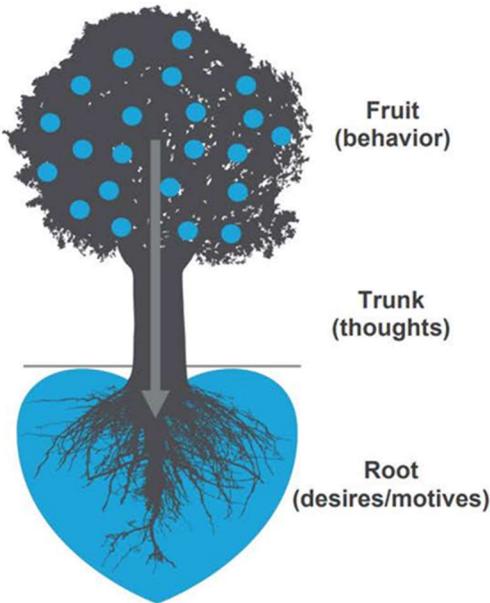
Support:

1. Who else knows about this?
2. How have they helped you?
3. How can I pray/support you during this time?

FRUIT-TO-ROOT WORKSHEET

To find your Primary Heart Attitude (PHA), circle the words under FRUIT, TRUNK, and ROOT that most accurately describe how you **most often** behave, think, or what you desire.

FROM FRUIT TO ROOT



Describe the situation...and your response to it.

<p>ANGER</p> <p>Interrupting/defensive Impatient/Irritable/Intimidating Critical of others Sarcastic/harsh (peace breaker)</p>	<p>FOOLISHNESS</p> <p>Deceiving/lying Joking/distracting Insensitive/Immature Attention seeking/over emotional</p>
<p>DESPAIR</p> <p>Hiding/escaping Complaining/grumbling Lonely/dependent Self-conscious/shy</p>	<p>FEAR</p> <p>Controlling/avoiding Second guessing People pleasing Enabling/appeasing (peace faker)</p>

What were you thinking or feeling?

<p>ANGER</p> <p>Bitter/vengeful thoughts Condemning/judgmental thoughts I'm right/I can't be wrong I'm entitled</p>	<p>FOOLISHNESS</p> <p>Selfish/blame-shifting thoughts Obsessive thoughts/fantasy I'm a trouble maker I can't help it</p>
<p>DESPAIR</p> <p>Defeating/doubting thoughts Self-pity/jealousy I'm a loser/why go on? I'm unworthy</p>	<p>FEAR</p> <p>Perfectionistic/self-protective thoughts Victim mentality/thoughts of shame I'm damaged goods/never good enough I'm unlovable</p>

What did you want?

<p>ANGER</p> <p>Control Authority Power</p>	<p>FOOLISHNESS</p> <p>Pleasure Attention Greed</p>
<p>DESPAIR</p> <p>Comfort Affirmation Escape</p>	<p>FEAR</p> <p>Security Acceptance Peace</p>

If I had to choose, I would say that the three most common desires of my heart (my motives) would be:

1. _____
2. _____
3. _____

I think my Primary Heart Attitude (PHA) is: _____

Based on your PHA, take time to read through the Scriptures below and ask God to give you the wisdom, courage, and patience to work out your faith by surrendering your desires to Him.

ANGER

Ephesians 4:26-32
Colossians 3:8-14
James 1:19-27

FOOLISHNESS

1 Corinthians 6:9-11
Galatians 5:16-23
Romans 13:13-14

DESPAIR

2 Corinthians 4:7-18
2 Corinthians 1:3-11
Hebrews 6:13-20

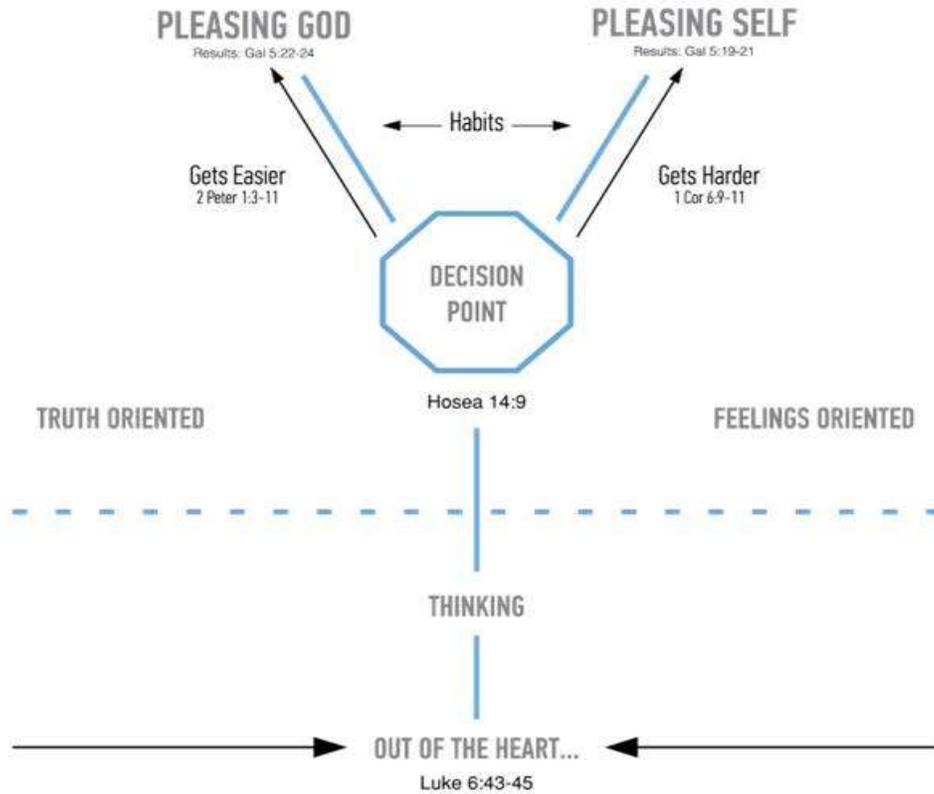
FEAR

Matthew 6:25-34
2 Timothy 1:7
Philippians 4:4-7

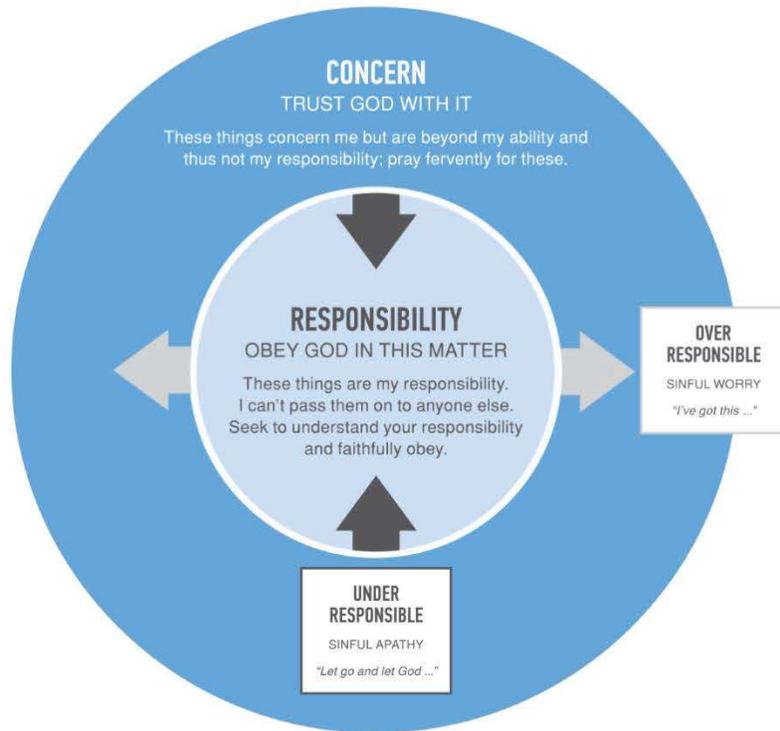
THE Y DIAGRAM

There are only two choices.

1 Corinthians 10:31



CIRCLES OF RESPONSIBILITY



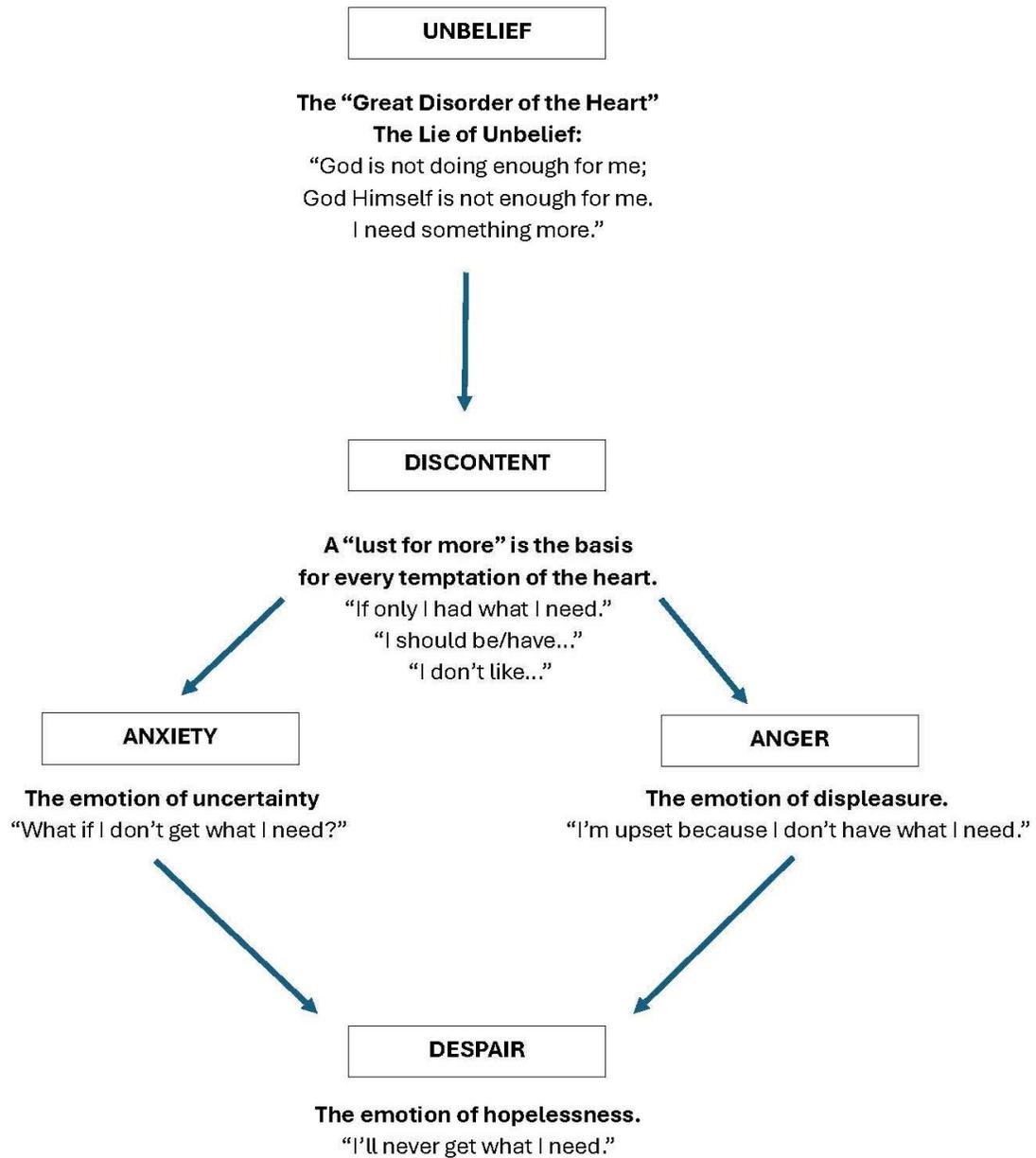
Godly concern becomes **sinful worry** when:

- Your thoughts are focused on changing the future.
- Your thoughts are unproductive (just caught in the spin cycle, going around).
- It controls you instead of you controlling it.
- It starts to damage your body.
- You start losing hope instead of finding answers.
- You shut down and stop functioning.

Godly dependence becomes **sinful apathy** when:

- You don't steward family, friends, finances, and faith.
- You blame God or others for your lack of sanctification.
- You keep making excuses for laziness spiritually.
- You grieve or quench the Spirit when you know the right things to do.

The Way Down Diagram

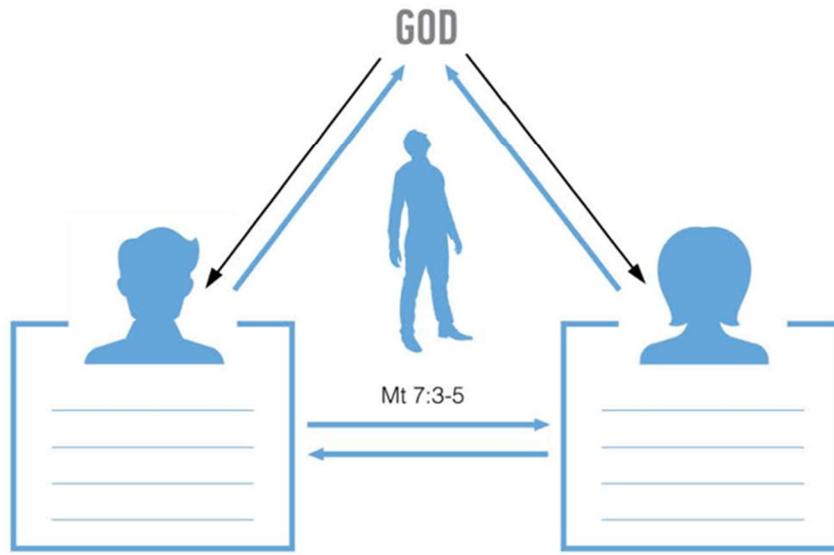


**When they knew God, they glorified him not as God, neither were thankful;
But became vain in their imaginations, and their foolish heart was darkened.**

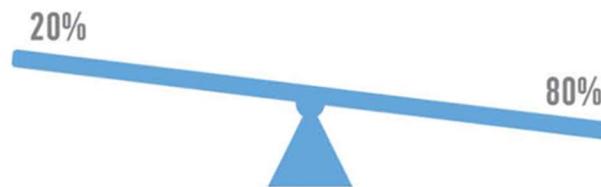
Romans 1:21

WHERE IS YOUR FOCUS?

Therefore we make it our aim, whether absent or present, to be well pleasing to Him.
2 Corinthians 5:9, NKJV



Focus 100% of your efforts on your contribution to the problem and allow God to change your spouse in **HIS TIMING** and **HIS WAYS**.

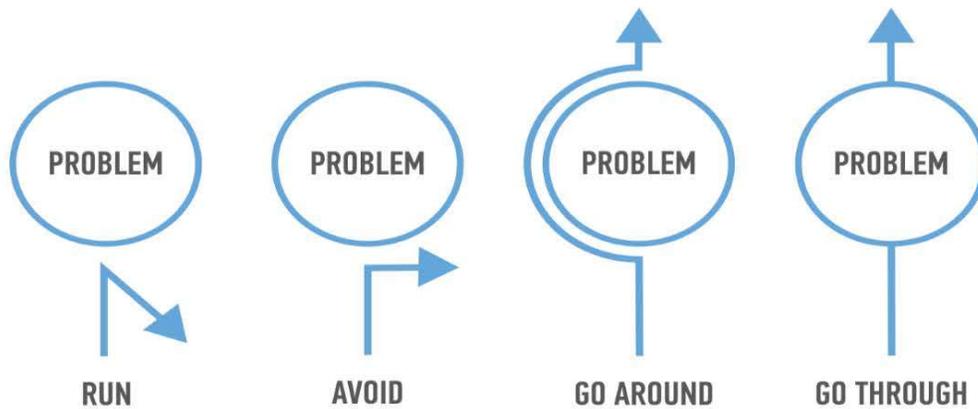


GOD'S PROMISES

VS

SATAN'S LIES

GOD'S PROMISES	SATAN'S LIES
You're not alone in your struggle against sin and suffering. (Your trial is not unique.)	I'm all alone. No one has ever gone through anything like this before!
God is faithful.	He's not faithful. How could a loving God...?
It's not more than you can handle. (This includes brokenness.)	This is too much. No one can endure this.
There is a way of escape/out (not by changing your circumstances but going through the trial).	There's no way out. I'm stuck.



Read 1 Corinthians 10:13

CARE CONNECTOR TRAINING

Answer Key

Session 1

Biblical/Theological Foundation

Our God Cares

- **Creator** (Genesis 1-2; Psalm 139)
- Provider of **Redemption** (Genesis 3:15)
- Jesus as Savior & Lord (Romans 5:8; John 14:6; John 3:16; John 14:21; Luke 6:46)
- The Church as **His bride** and the representatives of His **Kingdom** (Ephesians 5)

Ambassadors for Christ (2 Corinthians 5:20)

- **His** representative / **His** appeal / **His** heart / **His** offer

Under **Shepherds** (1 Peter 5:1-11)

Body of **Christ** (1 Peter 4; 1 Corinthians 12; Romans 12)

- **Diverse** gifts
- Inter-**dependent**
- Every part **essential**
- **Empowered** by the Holy Spirit
- Serving at the **pleasure** and **direction** of Jesus who is our head

Brothers & Sisters in Christ

- **Bear** one another's burdens (Galatians 6:2)
- **Lift** each other up and lifting our eyes to where our help comes from (Ecclesiastes 4:10; Psalm 121)
- **Draw** out of the heart (Proverbs 20:5)

- Speaking the **truth** in love (Ephesians 4:15)
- Royal **Priesthood** (1 Peter 2:9)
- Inviting God's grace as we lead in and towards **humility** (James 4:6)

Care Connectors...

- *Connect Personally: **Incarnate** God's Faithfulness*
 1. Relate as a fellow **sinner** in need of grace.
 2. Listen to **understand** vs. listen to **respond**.
 3. Ask **heart** targeted questions.
 4. Summarize and **empathize** with what they are sharing.

- *Connect to God: **Inspire** with the Gospel*
 1. Always open and close with **prayer**.
 2. Share your **testimony** as you feel led.
 3. Always circle back to the **Gospel**.

- *Connect to Truth: **Influence** with Hope*
 1. Employ **diagrams** and **tools**.
 2. Point them to **Scripture**.
 3. Assign hope – filled **homework**.
 4. If they don't know Jesus, share the **Gospel**.

▪ *Connect to Next Steps: **Instruct Toward Hope***

1. Using the S.O.S to determine next steps:

- a) Gospel
- b) Pastoral Care
- c) Groups
- d) Homework

Discerning a salvation story:

1. Ask the Holy Spirit to provide you with **wisdom**, **discernment**, and the **opportunity** to share the gospel.

2. Ask them to summarize their story:

- a) I was
- b) But God
- c) And now

3. Listen for their **understanding** of who they are apart from Christ and why they need His **Grace**.

Listen For:

- a) Conviction
- b) Confession
- c) Repentance

Session 2

The Value of Homework in Care

Why?

1. Real change and transformation happens in between meetings by assigning **specific, heart-directed** homework.
2. Real work happens by diving into scripture-saturated material that points them **Vertically**; connecting them to the **Wonderful Counselor**.
3. Homework engagement communicates willingness to **seek** the Lord and **own** their part of the situation.
4. Participation in the homework may be **reflective** of their level of **ownership** in the S.O.S.

How?

1. Make the diagrams into **homework**.
2. Homework should be S.M.A.R.T: **specific, measurable, attainable, relevant, and time bound**.
3. **Access** the Care Connectors Resource page for downloads of the diagrams, helpful handouts, articles, and recommended reads.
<http://www.harvestbible.org/resources>
4. Give homework **at the end** of the meeting or within **24 hours** of the meeting.
5. Apply the homework in **your life** and **own** it for yourself!

Best Practices

1. Start each meeting by **reviewing the** homework.
2. Ask **heart probing** questions:
 - a) Don't only ask close-ended questions (i.e. Did you do the homework this week? How did it go? What did you get out of it?)
 - b) How did the Lord meet with you through your homework this week?
 - c) What did the Holy Spirit show you about your heart through your time in the Word and the application?

3. If they didn't do the homework, find out what **obstacles** got in the way and then take the **opportunity** in the meeting to go through it **together**.

Best Practice when using Diagrams

1. Pick the diagram that is on target with their **heart issues** and **current situation**.
2. Explain the **Biblical** concepts as you **draw** it out.
3. Don't use **too** many Scripture references to make your **point** (1-3 is a good range).
4. Bring **immediate** application to something in their **present** circumstances.
5. Always ask **them** to explain how this changes the way they **think** or will **respond** today.

Most Helpful Diagrams for the Most Common Struggles

- **The Way Down** (James 4): A great tool to expose **conflict** and **idolatry**.
- **The Way Through** (1 Corinthians 10:13): Brings hope underscoring God's **promises** in temptation and trials while exposing poor self-counsel and Satan's lies.
- **Where is Your Focus** (2 Corinthians 5:9): Helps people get their eyes **on God** during conflict.
- **Circles of Responsibility** (Luke 12:22-34): Exposes problems with **control** and **fear**.
- **Y-Diagram** (Luke 6:43-45): Helps assess **openness** and **ownership** for biblical living.

Session 3

Marks of a Disciple

- Uniquely **Planted**
- Deeply **Rooted**
- Carefully **Pruned**
- Persistently **Fruitful**

Takes **two** feet to have a vibrant **walk** with Jesus.

Personal: Live in the Gospel

Indicatives Ephesians 1 – 3

Imperatives Ephesians 4 – 6

Community: **Live in Community**